



Measles Outbreak in West Essex

Dear Parents/Guardians

You should be aware that there has been an outbreak of Measles in the local area. This disease can affect both adults and children and the symptoms are rash, red eyes, runny nose, temperature and cough.

If you think you or your child may have the symptoms above, please contact NHS 111 service as soon as possible.

To have full immunity to measles, your child should have had two doses of the MMR vaccine. If your child has either not received their MMR vaccination or has only received one MMR vaccine we would strongly advise that you should contact your child's GP surgery to book an appointment for them to receive this as soon as possible.

Essex Child and Family Wellbeing Service

Virgin Care



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