

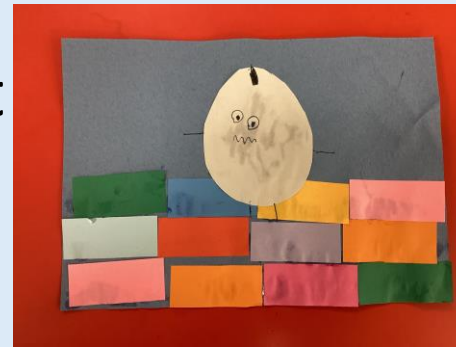
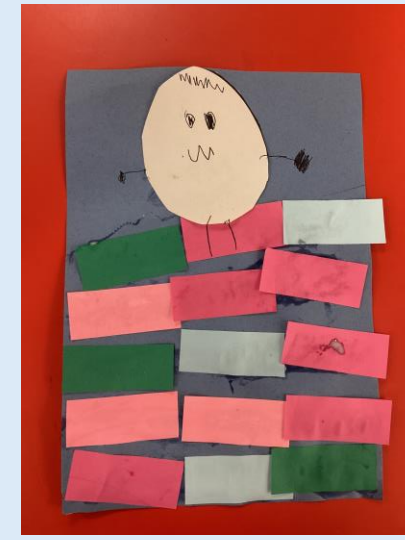
PSHEE Week 2024



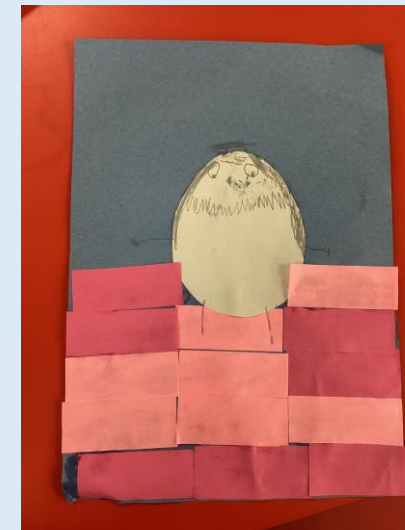
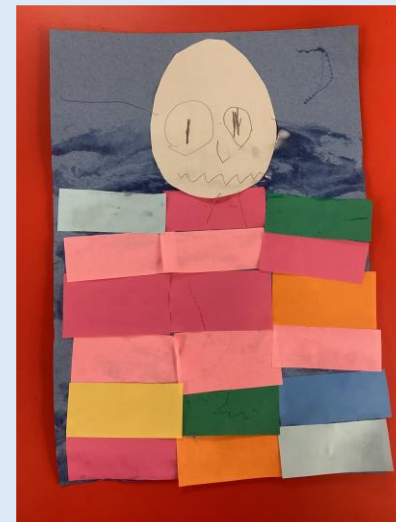
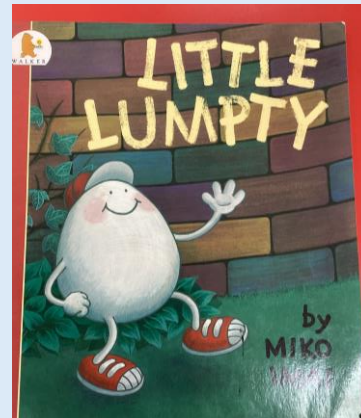
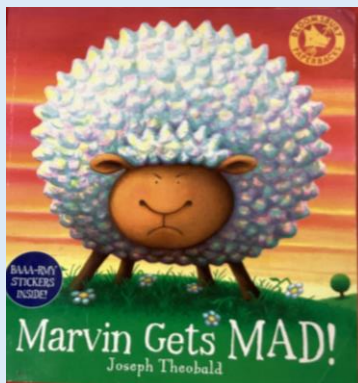
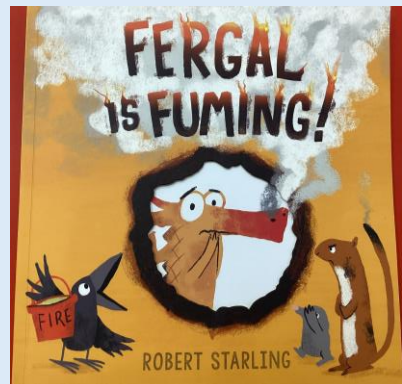
Choose Respect!

Reception Class

In Reception Class, we found out about the Zones of Regulation. We listened to different stories and thought about how the character was feeling and the colour zone they might be in.



We read "Little Lumpty" and then thought about different types of rules. We talked about rules that keep us safe in school and at home. We then created Little Lumpty artwork.



Year 1 PSHE Week

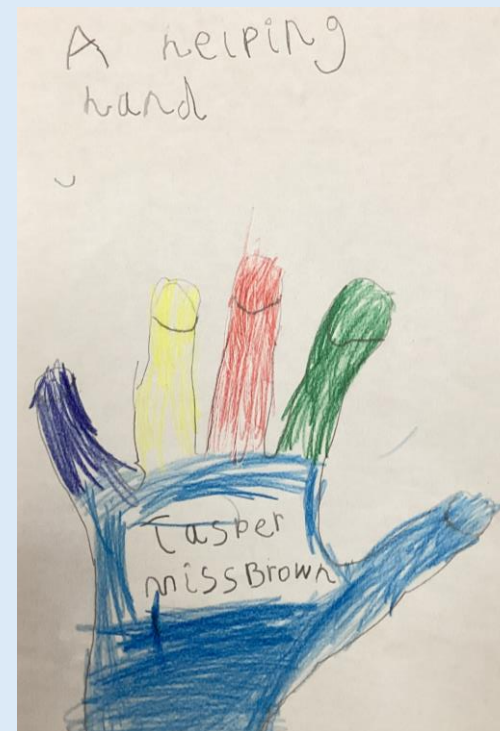


Year 1 recapped the Zones of Regulation and drew warning signs of things that might put us in the red zone.

We also recapped keeping ourselves safe in school. Looking at the different alarms and the lanyard system.

The **ZONES** of Regulation®

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
Sad Sick Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Terrified Yelling/Hitting Elated Out of Control

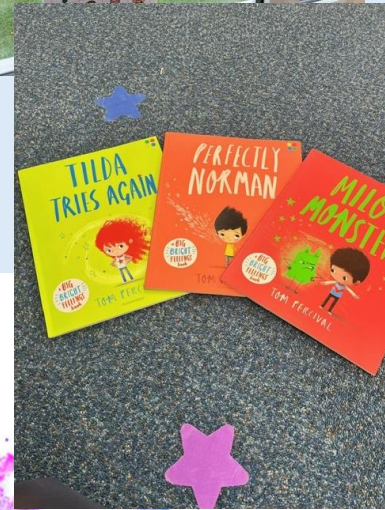


In Year 1, we looked at what bullying meant and we created "helping hands" of people we can trust and go to if we think we might be getting bullied.



We celebrated Odd Sock Day by dancing to Andy and the Band. We wore mismatched socks to show our support for diversity and acceptance.

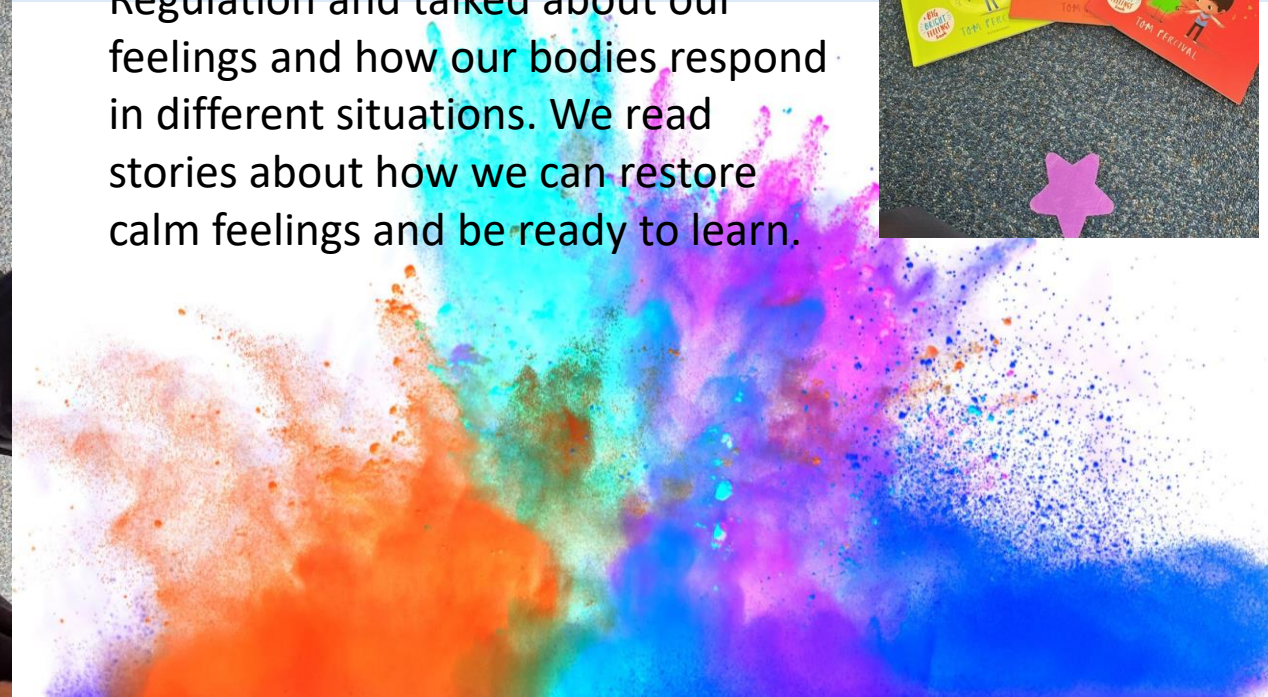
Year 2



We enjoyed celebrating PSHE week by following the electoral procedure. The children were invited to write speeches for the School Council elections and present them to the rest of the class. The children were then given ballot papers to vote for the class representatives!



We have also re-visited the Zones of Regulation and talked about our feelings and how our bodies respond in different situations. We read stories about how we can restore calm feelings and be ready to learn.



3



In Year 3, we learnt some new playground games and skipping rhymes.


We talked about how to play fairly and solve problems in our games.

We can set up and organise a range of different games using basic equipment.



Back in class, we have focussed on behaviour for learning. We know what good learning behaviour looks like and we understand that we are responsible for changing our behaviour after someone has spoken to us.

I enjoy learning
 I ignore distractions
 I use my imagination
 I always try my best
 I ask for help when I need it
 I talk to others to solve problems
 I question evidence
 I explore ideas
 I take risks



Guesses kindness Bingo
 Help do the washing up at home.
 If you get to someone who's angry take a breath.
 If you get to someone who's angry take a breath.
 If you get to someone who's angry take a breath.
 If you get to someone who's angry take a breath.
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red
 • punch something soft
 • go to your room
 • sit there and be angry
yellow
 • ceap on being silly
 • play with blue tac
 • make something
blue
 • goto red then go to green
 • goto mum or dad
 • talk to abusing person
green
 • ceap on working
 • go on a playdate
 • go on mums phone
 :what to do when I'm in a zone:

For PSHEE week, Year 4 were very busy. They thought about what type of learner they were and then wrote some statements about that type of learning. In addition to this, the class also thought about activities they could do to help them get back into the Green Zone, they then shared these ideas to try and help others.

Tilly
 If your angry and you know it punch your pillow. If your angry and you know it write it down. If your angry and you know it and you dont want to show it. If your angry get back to green zone home.
 If your silly and you know it scream in your head. If your silly and you know it think of sad. If your silly and you know it and you dont want to show it. If your silly get back to green zone home.
 If your sad and you know it take a drink. If your sad and you know it stroke your pet.
 If your sad and you know it and you dont want to show it. If your sad and you know it and you dont want to show it.
 and you know it get back in green zone.

Teds Kidness Bingo
 Be thankful
 clear up foot Parents
 Do what your told
 HELP PEOPLE
 Be kind to others
 DO what your told
 Dont make Parents
 Smile
 walk Dog
 Keep tidy

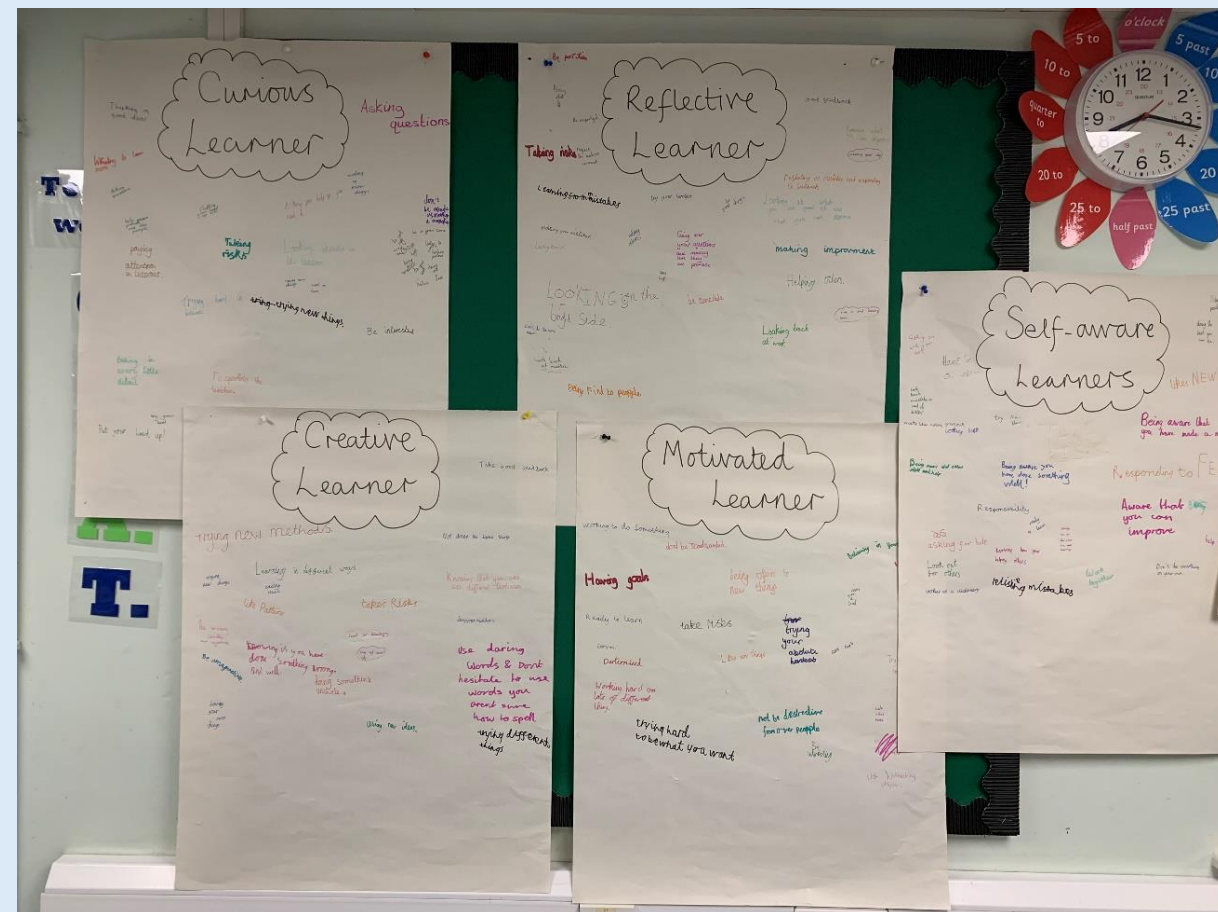
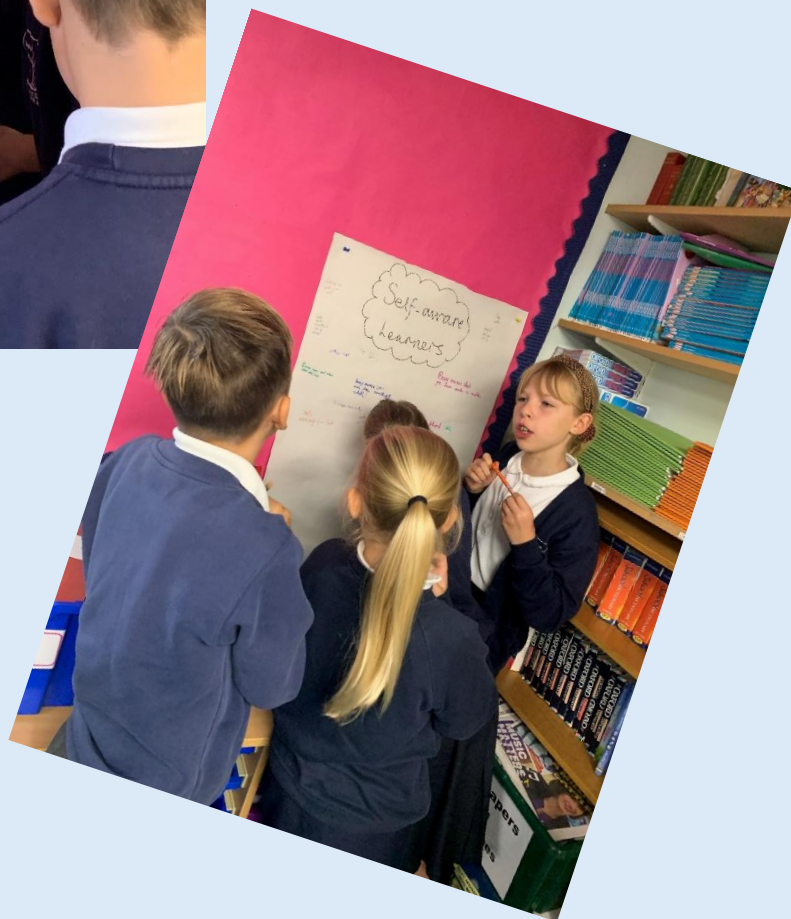
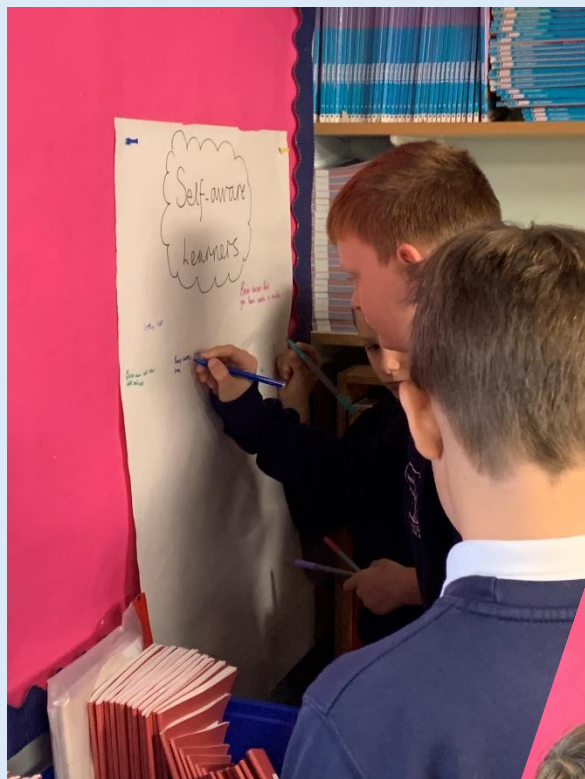
I Can persevere
 I can use My imagination
 I can talk about my own strengths
 I can offer ideas for improvement
 Recognise success.
 I Can think of different ways for doing something.





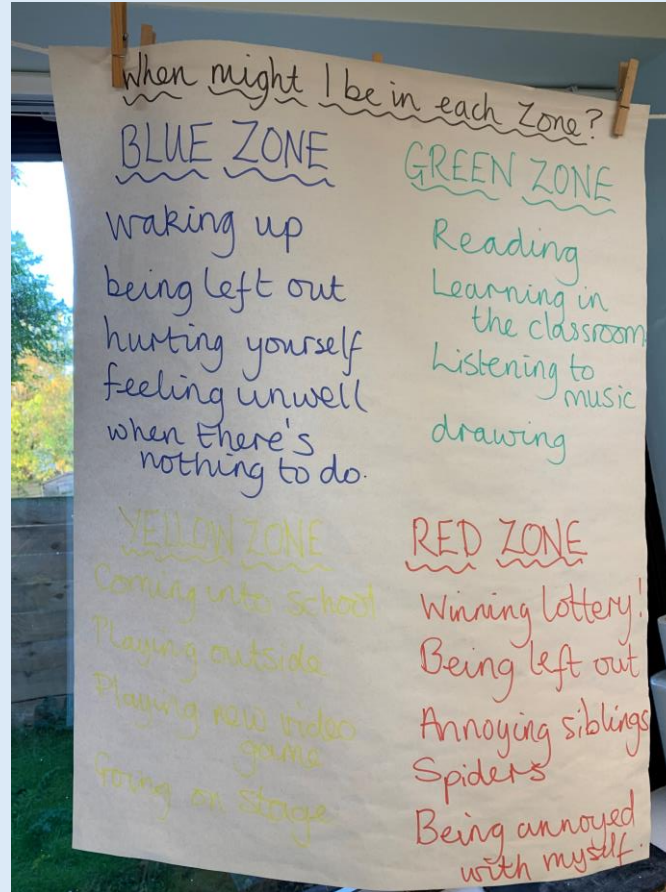
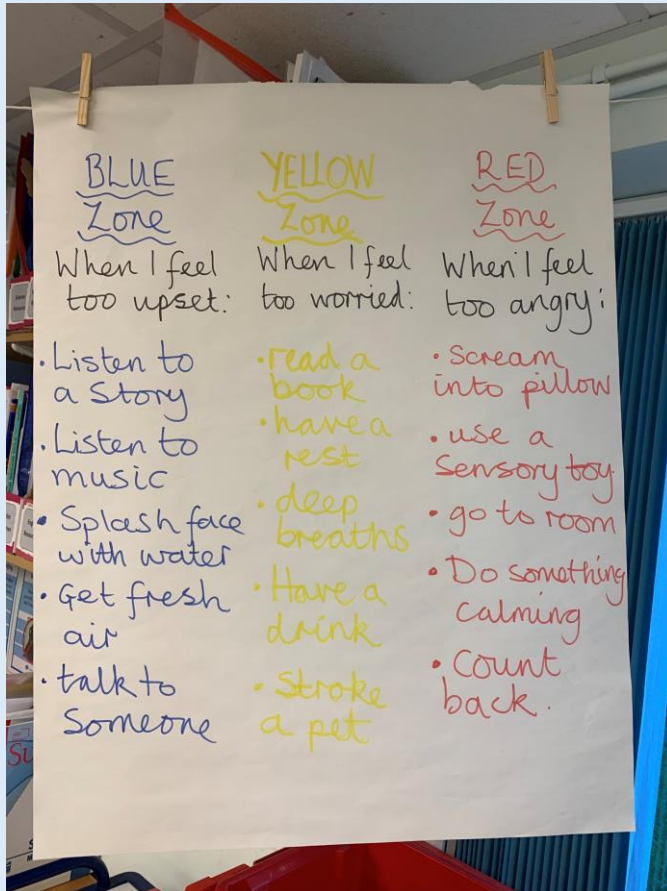
Playleader Training

Children in Year 5 have been training to be Playleaders so they can support younger children with their games at playtimes and lunchtimes. They have spent some time looking for hazards in both playgrounds and also learning some games which they can teach to children from other classes. They can't wait to start this important job!



Learning Behaviours

We thought about the different learning behaviours that there are and what these might look like in our classroom.



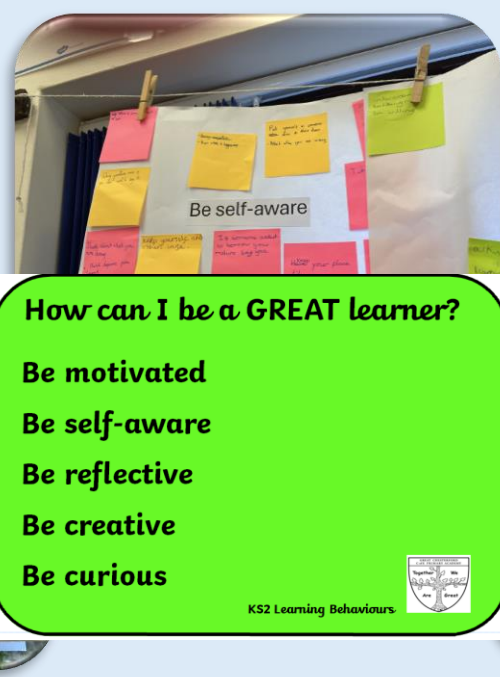
Zones of Regulation

We revised what is meant by the different Zones and we talked about when we might expect to be in each of these.

We understand that the Green Zone is the best zone for learning and so we compiled a list of suggested strategies to help when we are in either the Blue, Yellow or Red Zones.

YEAR 6

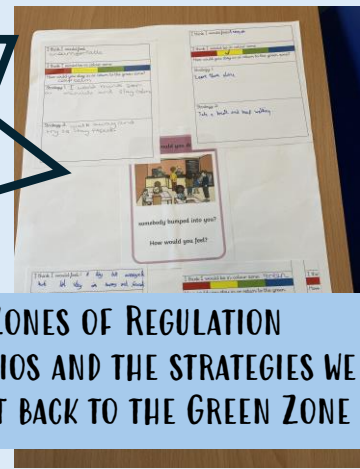
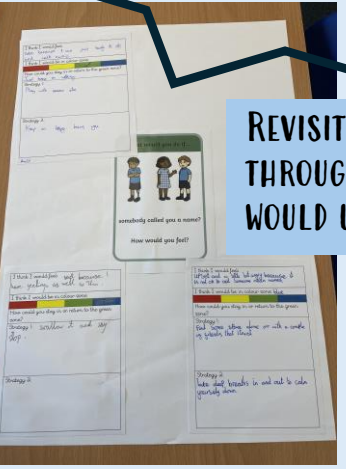
REVISITING THE ZONES OF REGULATION THROUGH SCENARIOS AND THE STRATEGIES WE WOULD USE TO GET BACK TO THE GREEN ZONE



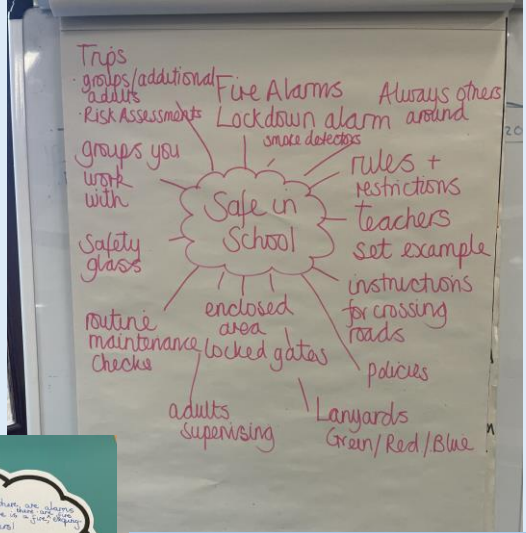
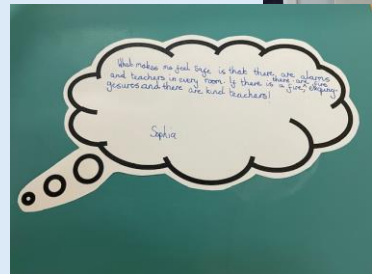
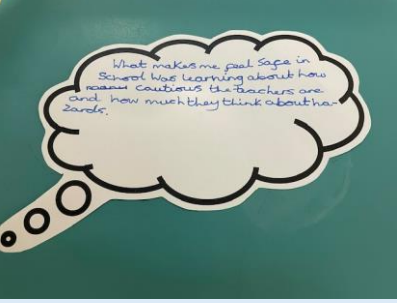
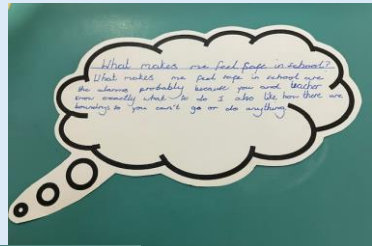
How can I be a GREAT learner?
 Be motivated
 Be self-aware
 Be reflective
 Be creative
 Be curious

KS2 Learning Behaviours

THINKING ABOUT THE QUALITIES OF A GREAT LEARNER AND WHAT THIS LOOKS LIKE IN THE CLASSROOM



ODD SOCKS - IT'S OKAY TO BE DIFFERENT



WHAT KEEPS US SAFE IN SCHOOL?