



# Children's Yoga Easter Workshop

**Fun, energetic and creative day learning yoga, for children aged between 5—11 years old.**

**Yoga games and challenges**

**Using the parachute, hoops and balls**

**Learn how to relax and self calming techniques**



**Tuesday 31st March  
2026**



**11am to 3:15pm**

**Langley Community Centre**

**Cost is £20 per child, £18 per sibling per day.**

Emma has been teaching yoga for over 23 years and is accredited with some of the highest qualifications of yoga in the country.