



Children's Yoga Afterschool Club

Great Chesterford Primary School

**Fun, energetic and relaxing yoga club for children in
Years 1 to 6**

Yoga games and challenges

Using the parachute, hoops and balls

Learn how to relax and self calming techniques

**Club is held every Monday after school until 4:10pm in the
school hall.**

Emma has been teaching yoga for over 23 years and is
accredited with some of the highest qualifications of yoga
in the country.

For more information or to book a place please email:
emmastevens03@hotmail.co.uk or call 07970807389.